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It may not be your job for students to LIKE you, but if students don't LIKE you they will not LEARN from you!



- Relate on levels beyond your subject matter
- Take interest in things that interest your students
- Fight for connection over correction
- correction Remember the 3 fears



#### **Emotional Self Management Is Key To Great Learning Outcomes For Your Students**

Your teaching skills and competence can be completely derailed by an inability to manage your own emotions and responses when things get challenging



- Show your students that their challenges and behaviours are a piece of cake
- Create certainty + calm
- Model resilience + self management



## What You Tune In To Will Dictate What You Pick Up

As a teacher your focus needs to be on what you want to see in your students, your classroom and in yourself.



- Pygmalion + Golem Effects
- Set an intention
- Ask empowering questions
- Choose what you focus on
- "I've noticed..."
- What needs, fears, beliefs may be at play in behaviours?
- **Empathy Without Judgement**



# **Reward Vs Punishment**

Punishment has *less* of an impact on managing or modifying behaviour than, positively rewarding desired behaviour.



- Focus on *rewards* for positive behaviour.
- Smaller and more immediate vs Larger and more distant rewards.
- Peer reward/recognition have huge impact. Gamification in the classroom



#### The Power Of Contribution

"...we scientists have found that doing kindness produces the single most reliable momentary increase in well-being of any exercise we have tested."

- Martin Seligman, Father of Positive Psychology



- Social Contribution
- MAD Projects
- Helping Others
- Random Acts of Kindness



# Effectiveness Of Your Communication is 100% The Response You Get

It is our responsibility to ensure that our communication is received and understood.



- Clarifying Questions
- Ensure Attention
  - 3 Step Attention Getting
  - Questions
- Say What You Want



## Find Your Strengths and Use Them

"...people who felt they were using their strengths have more positive emotion, greater vitality and selfesteem, compared with people who did not feel they used theirs." - UK Study



- Personality Profile
- Behavioural Profile
- Strengths Profile
- Learning Style
- Growth Mindset



